



TATTOO AFTER CARE

Healing a tattoo is simple but the details matter. Keep it clean, dry and lightly moisturised and your tattoo will heal the way it's meant to.

1. PROTECTIVE FILM

At the end of your appointment, your tattoo will be covered with a protective film. Your tattoo is an open wound at this stage, so the film helps keep bacteria and dirt away. It's waterproof and breathable, so you can shower as normal - just don't soak it.

2. CLEANING YOUR TATTOO

After 2-3 days, remove the protective film (if it hasn't already come off naturally).

- Wash your hands first
- Gently wash the tattoo with warmer water and a ph neutral soap
- Use the palm of your hand to remove any plasma/ink residue
- Pat dry with a clean paper towel (don't rub)

Once dry, apply a thin layer of moisturiser (see below).

Your tattoo no longer needs to be covered. For the next few days, keep it away from dirt, dust and friction. Loose, natural clothing can help protect it if needed.

3. MOISTURISING

With clean hands, apply a small amount of the cream provided - a very thin layer is enough.

- Moisturise twice a day for the first two weeks
 - After that, only apply more if the tattoo feels dry
 - You don't need to clean the tattoo every time you moisturise, overdoing it can dry the skin out
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4. SHOWERING & BATHING

Good hygiene is important during healing.

- Shower as normal
 - For the first 2-3 weeks, do not soak or submerge the tattoo
 - Baths, swimming and saunas can seriously damage a healing tattoo
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5. SCABBING & PEELING

After a few days, your tattoo may start to scab a little and feel itchy - this is normal.

- Don't scratch or pick (it can cause pigment loss and uneven healing)
 - Use a thin layer of cream to soothe it
 - Keep your hands away as much as possible
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6. SUN PROTECTION

Sun is the number one enemy of a fresh tattoo.

- Avoid direct sun and sunbeams
- Keep the tattoo covered for at least 3 weeks
- After healing, use SPF 30+ if you want it to stay crisp and vibrant long-term

7. SPORTS

Avoid sports for the first 2-3 weeks - sweat and friction can lead to irritation or infection and can compromise healing.

IMPORTANT

Once you leave the studio, aftercare is your responsibility - please follow these steps carefully so your tattoo heals in the best possible condition.

And always: wash your hands before touching your tattoo.

If you have any trouble or questions during healing, get in touch: davidle.ink@icloud.com

Thank you for taking good care of your tattoo!

Best,

David